Course Syllabus

Week 1

Introduction to the class

Critical health issues in elementary, middle, and high schools (One page review of an article on a hot health topic).

Review state/national standards for Health Education

Skill based instruction

*Chapters 1 and 2 in the textbook.*

Week 2

Continue discussion of skill based instruction.

Search CDC website for a critical article and write a one page review of the findings.

Begin preparation of the tobacco presentation at Cushing Elementary.

*Chapters 3 and 4 in the text.*

Week 3

Guest speaker from the Children's Health Education Center (Clay Anton)

Finalize lesson presentation on tobacco for Cushing.

Begin development of the alcohol presentation for Cushing.

*Chapters 5 and 6 in the text.*

Week 4

Guest speaker Keith Bakken on Professional Involvement in Health and PE

Finalize alcohol presentation and practice delivering tobacco lesson for next week.

*Chapters 7 and 8 in the text.*

Week 5
Finalize and practice both presentations. Begin developing high school alcohol and energy drink presentations.

*Chapters 9 and 10 in the text.*

**Week 6**

No Class: Mid Term Break

**Week 7**

Presentation of the elementary tobacco lesson at Cushing. (1:00-2:00)

**Week 8**

Presentation of the elementary alcohol lesson at Cushing (1:00-2:15)

**Week 9**

Finalize preparation for both presentations at Waukesha North.

**Week 10**

Deliver presentation number one on energy drinks at Waukesha North.

**Week 11**

Presentation number two at Waukesha North High School on Alcohol.

**Week 12**

Classroom energy breaks

Health Education gaming

**Week 13**

Presentation of skill based mini unit

**Final exam week**

Final exam

---

**Course Summary:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Roll Call Attendance</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>----</td>
<td>----</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
</tr>
</tbody>
</table>

Course assignments are not weighted.