Carroll University
PED 321
Coaching Practicum
4 Cr.

Instructor Info:
Instructor Name: Stephen Dannhoff
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Office Hours: TBA

Textbooks & Materials:
None Required.

Final: TBA

Course Description:
This course is designed to provide students the opportunity to apply the principles and practices of coaching in a junior high, high school, or collegiate environment (Either boys or girls). The student will be allowed to actively participate in practical coaching experiences under the guidance and supervision of a qualified coach. The students will be matched with a team and coach that will help enhance the understanding of the principles of coaching, season planning and the roles of the coach as they relate to: formation and handling of athletic budgets, team policies, organization of team practices, preparations for home and away contests, dealing with individual and group conflicts, enforcing rules of the school and the team, and becoming familiar with conditioning, injury prevention and injury care.

PREREQUISITE OR CONCURRENT ENROLLMENT IN: PE 320 Theory of Coaching, HED 101

Course Content:
Major Course Topics
A. Coaching: Responsibilities, Roles, and Philosophy
B. Parents and Community
C. Sports Environments
D. Physical Training and Fitness
E. Athletes: Performance and Well-being

Subject Matter:
1. Prior to the semester in which you begin your practicum experience, you must meet with the University Practicum Advisor from your area to receive approval for the practicum.
2. Once the practicum has been approved, you are responsible for attending four meetings with your University Practicum Advisor during the semester. During the first meeting, you will discuss your assignment and objectives. In subsequent meetings you will discuss your progress, problems, success, and observations. A Final Review and any evidence of completion (i.e. portfolio) will be submitted.
3. Your practicum experience may be somewhat flexible as determined by your University Practicum Advisor. As any professional position often requires, additional work away from the workplace will
undoubtedly be essential for success. Although each Practicum experience is different and unique, the level of responsibility and required assignments increases with the number of credit hours.

**Student Learning Outcomes:**

*Upon successful completion of the course a student should be able to:*

Upon successful completion of the practicum experience, the student will be able to:

A. Achieve technical literacy
   1. Acquire sufficient practical field experience and supervision in the essential coaching areas to ensure an adequate level of coaching competence for the level of athlete coaches.
   2. Know the key elements of sport principles and technical skills, and the various teaching methodologies that can be utilized to introduce them.
   3. Develop a thorough understanding of the offensive and defensive philosophy of the program.

B. Organize curriculum
   1. Be able to design training and conditioning programs in accordance with the abilities of the athletes.
   2. Understand the importance of practice and contest management.

C. Apply liberal studies knowledge
   1. Understand culturally diverse coaching techniques.

D. Manage the classroom
   1. Incorporate the factors necessary for developing an effective practice.
   2. Summarize the organization and preparation requirements prior to competitions.

E. Respect individual differences
   1. Understand the coach's philosophy and their importance on winning.
   2. Be able to recognize the developmental changes as how these changes affect learning and performance.
   3. Accept each athlete as an individual while recognizing the dynamic relationship of personality and socio-economic variables such as gender, race and socio-economic differences.

F. Demonstrate professionalism
   1. Discuss the importance of sportsmanship in athletics.
   2. Understand the roles and influences coaches have toward athletes.
   3. Identify and apply ethical conduct in sport by maintaining emotional control and demonstrating respect for athletes, officials and others.

G. Create stimulating environments
1. Incorporate a variety of activities and levels within practices.

H. Engage in lifelong learning
1. Demonstrate knowledge of proper nutrition, stress reduction and fitness and educate athletes about the effects they play on their health and performance.

I. Exemplify fairness
1. Understand the athletes' rights and due process.
2. Understand the selection and placement process of players for contests.

J. Teach and evaluate
1. Encourage and demonstrate mental training techniques for peak performance.
2. Understand the process for the evaluation of coaches.
3. Understand the scouting and game evaluation process.
4. Demonstrate the ability to analyze and evaluate individual and team performances.
5. Be able to demonstrate some of the basic skills necessary for the sport.

K. Communicate effectively
1. Demonstrate effective motivational skills for practices and contests.
2. Understand the importance of positive feedback.

**Student Assessment**
(Exams, papers, projects, journals, presentations, etc; must demonstrate the direct relationship between assessments and all student learning outcomes.)

This course will be graded on a S/U basis. Students are expected to complete all of the course requirements at a satisfactory level to receive credit for the coaching practicum. Additionally, all assignments and forms must be submitted in a timely manner. Failure to perform any requirement to a satisfactory level will result in an unsatisfactory grade for the course.

**Assignments:**

A. Attendance all coaches meetings. (D1,2)
B. Observation of coaches teaching strategies. (A1,2,3)(E1,2) (F3)
C. Attendance and participation in athletic practices.
   (A1,2,3)(B1,2,3)(D1,2,)(G1)(I2)(J1,2,3,4,5)(K1,2)
D. Complete portfolio (A1,2,3)(B1,2,3)(C1)(D1,2,)(E1,2,3)(F1,2)(G1)(H1)(I1,2)(J1,2,3,4,5)(K1,2)
E. Required written summary and evaluation of practicum experience. (J2)
F. Supervisor’s written evaluation.(J2)(F3)

**Portfolio:**
The notebook will be a compilation of all material collected during the practicum including handouts, etc. It should also include assignments and other supplemental material of your choosing. Remember, this will be the basis for a valuable professional reference tool.

*Your notebook should include:*
Skill technique, systems of play, and skill and team drills
(A1,2,3)(B1,2,3)(D1,2,)(E3)(G1)(I2)(J1,2,3,4,5)(K1,2)
Reflections of observations (E1,2,3)
Practice schedules (A1,2,3)(B1,2,3)(D1,2,)(E3)(G1)(I2)(J1,2,3,4,5)(K1,2)
Collection of materials and articles relating to administration of sport- i.e., budgets, facility management, student participation/release forms, etc. (E1,2,)(F1,2)(H1)(I1)(K1,2)
Sample master schedule for a designated sport based on interest (pre-season, in-season, post or off-season) (B1,2)
Coach’s interview/Student-athlete interview (C1)
Resume (A1)
Professional memberships (H1)
Five articles related to parents and sport, behavior management and sport, trend in sport, violence in sport, legal responsibility in sport, character in sport with abstract review of each. District and schools policies should be researched as well. (C1)(D1,2)(E1,2)(F1,2)(H1)(K1,2)
Practice plans with minute by minute instruction. (A1,2,3)(B1,2,3)(D1,2,)(E3)(G1)(I2)(J1,2,3,4,5)(K1,2)

(This notebook should become a resource for your future pursuits in coaching and or administration.)

Grading Policy
(Relative weighting of factors entering into the final course grade, grading scales, etc.)

1. Evaluations will be made by the supervisor of the sport. Grades will not be determined until the summary and evaluation form are returned. It is the student's responsibility to ensure that all required paperwork has been properly completed and returned to the Coaching Minor Coordinator.
2. Grading for the practicum will be pass/fail.
3. All necessary forms are available from the in Practicum Coordinator. Contact the coordinator, Steve Dannhoff (262) 524-7105 or sdannhof@carrollu.edu if you have any questions.

Course Schedule (subject to change):
(Dates for topics covered, required reading, activities, assignments, etc)

Sixty hour practicum:

1. Practical Experience

Students will be required to complete a minimum of 60 hours in a practical coaching experience. Candidates are encouraged to procure an internship position with a program/team in an area of interest. However, the student coach can be assigned a sport activity within the Waukesha County area by the minor coordinator if necessary. Every effort will be made to provide internship opportunities that coincide with student goals. Requests for assistance obtaining an internship position should take place the semester prior to taking this course, but no later than the first two weeks of the semester in which the internship will be completed.

The internship position may or may not provide a stipend or monetary compensation. Additionally, the student may be required to purchase liability insurance, pay for a criminal background check, pay
application fees, and provide transportation to and from the internship location. Many of these requirements and fees should be included in the internship plan of work when applicable.

2. **Plan Of Work**

This form should be submitted to the Coaching Minor Coordinator as soon as possible prior to the start of the internship assignment. This information will be used to confirm the internship requirements of the coaching practicum are met. It is important that the student provide accurate information regarding the location of the internship, the contact information for the direct supervisor, and a brief description of the job responsibilities, including projected hours to be fulfilled during the practicum.

3. **Practical Journal**

During your internship opportunity you will be required to submit a one-page report for each week describing your job activities, positive and negative experiences, and any significant or unique events that you feel have impacted your understanding of coaching education. This journal is only required to cover the minimum 60 hour period of your internship responsibilities.

4. **Practical Performance Review**

At the completion of the internship students must submit a written evaluation of performance from the direct supervisor. Note: As a coaching practicum student you have a unique opportunity to represent Carroll University and you should conduct yourself in a professional manner. Our Coaching Education Minor program is intended to make a positive impact on the schools and programs within which we serve our practicum experiences. We have very high standards and expect your professional best. The student-athletes, the families and institutions they represent deserve nothing less.

**Campus Info**
(University Academic Policies, Disability Info, Support Services and their locations)

**Policy Statements**

**Statement on Academic Integrity** – The Carroll University Academic Integrity Policy is located in your student handbook (pages 17-21). Students are encouraged to familiarize themselves with it. If a student violates this policy in any way, the instructor(s) reserve the right to impose a sanction of failure on the assignment/assessment or failure in the course. If you have questions about appropriate citations, please ask your instructor.

**Accommodation for Disabilities** – Any requests for accommodation must be made through Martha Bledsoe, Disability Services Coordinator at Carroll University. Appropriate accommodations will be made once notification has been received from Ms. Bledsoe.

**Modifications to the syllabus:** The instructor and the College reserve the right to modify, amend, or change the syllabus (schedule, course requirements, grading policy, etc.) as the curriculum and/or program require(s).