May the Health Education Force Be With You

Course Description

This course is designed to introduce to the student general principles and methods of health education, which are common at the elementary and secondary levels prior to student teaching. This course is designed as a final capstone experience and will provide opportunities for students to demonstrate mastery of the major learning objectives. Special emphasis will be placed on learner-centered approaches designed for various health content areas K-12. Students will be exposed to instructional strategies, materials, teaching aids, preparation of equipment, health behavior theories, and other related techniques. **As a new addition students will prepare and deliver health lessons to elementary and high school students.**

Learning Outcomes

1. The learner will review the basics of curriculum development in health education and design a grade specific skill min-unit based on National Standards.

2. The learner will develop and deliver creative teacher centered learning approaches and mini-units at local schools in Waukesha.
3. The learner will develop and present health instruction learning approaches using multiple strategies.

4. The learner will develop and deliver assessment lessons at various grade levels.

5. The learner will discuss various management techniques that can be employed in the classroom.

6. The learner will examine the role of the teacher in coordinating a comprehensive health education program.

7. The learner will develop multiple measurement/evaluation strategies to assess achievement of unit and lesson objectives.

8. The learner will become familiar with health education resources and utilize effective dissemination techniques.

9. The learner will examine the relationship between health behavior theories and their impact on program development.

Teacher Learning Approaches

Each student will present a mini-unit (teach, practice, and assess) for one of the skills in the Wisconsin Health Education standards. This form is used to teach skill bases health education throughout Wisconsin. The lessons presented will be developed using "needs assessment" criteria using the following health content areas:

- Accident Prevention and Safety
- Community Health
- Consumer Health
- Environmental Health
- Family Life Education
- Mental and Emotional health
- Nutrition
- Aging and Death
- Personal Health
- Prevention and control of Disease
- Substance Use and Abuse
- Social Health

Assessment:

- Attendance and participation are required
- Health Issue Reviews
- Assignments 5%
- Final Exam 15%
Lesson Plan development and delivery 15% each (60% for the 4 presentations)

Mini skill based unit 20%

Faculty Information

Hisgen, Jon

jhisgen@carrollu.edu

608-658-3600

Go to Course →

Canvas Help