January 30th. FORMAL MEETING
1. Description of the class.
2. Data driven decisions (YRBS)
4. What are the best practices in health education?

Choose your topic and review some of the sample lessons related to your topic in your Meeks and Heit Text.

February 6th. FORMAL MEETING
1. The learner of the 21st century What are they like?
2. Video: The Lost Children of Rockdale County
3. Putting together a quality lesson on a health skill
4. Standards based lessons focusing in on accessing accurate health information

Assignment number two: Pair assignment. Based on what you saw in the video how would spend the money you were given and why? (Maximum 2 pages) Report out next week. Could be done in a Power Point!!

Begin to develop a justification for your unit topic based on research. Send that to my email at j2hisgen@hotmail.com

February 13th. ONLINE Finish your justification for your unit and send it to me.

February 20th. ONLINE Develop and send in your one to two page philosophy of health education by the 22nd. Start looking for lessons in your content area. What types of lessons are they (engagement, content, skill, or assessment).

READ CHAPTERS 1-2 Meeks and Heit
Assignment number one: Most important health issue to cover with your population and why? Report next week

February 27th. ONLINE
Start to look for lessons on your topic.
Tell me what skill you are going to cover in your unit and why.

READ CHAPTER 3 Meeks and Heit
March 6th  FORMAL MEETING
\1. Present last week’s activity.
2. Activity: Implementation and evaluation of an instructional strategy
3. Performance assessments – teaching with the end in mind
   a. Apple activity
   b. Q sort
   c. Rubric development and scoring

Assignment number three: Review your performance assessment lesson you are using in your final paper.

READ CHAPTER 4 Meeks and Heit

March 13th. Spring Break

March 20th. FORMAL MEETING

1. Report back for last week’s assignment
2. Skill Mapping exercise
3. Suicide prevention unit
4. HIV Unit of Instruction modelling
5. Review for your mid-term exam.

Assignment number four: Develop a review game related to your unit that could serve as one of your six lessons.

READ CHAPTER 5 Meeks and Heit

March 27th. FORMAL MEETING

1. Mid Term Exam (45 minutes)
2. Report out from last week’s assignment.
3. Evaluating lessons in terms of standards.
   a. Scope and sequence in health education.
3. Look at the skill of influences as it relates to tobacco and energy drinks.

CHAPTERS 6 Meeks and Heit
Assignment number five: What skill did you choose and why?
READ CHAPTER 6-8 Meeks and Heit

April 3rd. Presenting at a conference and will be out of state.

April 10th. FORMAL MEETING

1. Return and discuss Mid-Term
2. Sensitive subject in human growth and development (HGD)
3. View video on Sex education in the United States.
4. Model lessons in HGD and Dating Violence

READ CHAPTER 9 Meeks and Heit

April 17th. FORMAL MEETING

1. Lessons Substance abuse
2. Lessons Nutrition
3. Lessons Accident prevention
4. Lessons Consumer Health

April 24rd. FORMAL MEETING

1. Lessons on nutrition and physical activity
2. Lessons on Mental Health
3. Lessons on anti-bullying

May 1st. FORMAL MEETING

1. Dating Violence unit
2. Hot topics in health education

May 8th. FORMAL MEETING

1. 15 minute presentations on your most creative lessons
2. Collect units of instruction
3. Final Exam

Final Grades will be ready on May 15th.