Spring, 2017
Hybrid
Health Education 323

Course: School Health Programs 323
Four Credits
Mondays 5:30-9 January 30, 2017 - May 8, 2017 (On nights where we meet formally spelled out in the syllabus.
There are no prerequisites for this class though this is a higher level health education course of study.
Professor: Jon W. Hisgen, Adjunct professor, email j2hisgen@hotmail.com or jhisgen@carrollu.edu
Home phone 608 658-3600
Office hours: 1:00 – 5:00 pm on Mondays in Rankin when we hold a formal class meeting. Contact me at the above email or number if you would like to meet at another time.
Textbook: School Health Education by Meeks and Heit

Course Description and Objectives:

As such, this course has been designed to enable the student to plan, implement and evaluate comprehensive school health programs which includes health curriculum, health instruction, and health assessment, both in preparation, delivery and evaluation of units or entire coordinated school health programs.

- The student will have an understanding of healthful living, health education programs and health services as part of the eight components of a coordinated school health program.
- The student will recognize the importance of promotion of health education to school children (K-12) in improving the academic performance of students.
- The student will incorporate the steps involved in educational planning, curriculum development and quality assessment based on best practices.
- The student will integrate best practices into instructional units.
- The student will become aware of skill based health education that will improve classroom instruction.
- The student will utilize the computer to retrieve health information.
- The student will apply the relationship between concepts, purposes, and theories of health education and health related behavior to design health programs.

Course Outline: After completion of this course of study the learner will be able to:
- Analyze statistics related to risk behaviors in which today’s children and adolescents participate.
- Discuss factors that cause children, adolescents and adults place to theirs and others’ health at risk.
- Develop an understanding and application of coordinated school health as it applies to the role of the teacher.
- Infuse engaging ways health behaviors can be promoted in the school health program.
- Develop a quality health education unit, that includes philosophy, content, behavioral objectives, life skills, scope, sequence, and evaluation techniques.
- Implement skill based instructional strategies and learning processes in health education.
- Evaluate health instruction and health programs.
Course Requirements and evaluation items:

- Class assignments and mini-presentations (30 %)
- Mid term exam (10%)
- Final exam (15%)
- Curriculum project (35 %)
- Presentation of unit and creative lesson (10%)

Grading Scale:
93-100 A
90-92 A/B
85-89 B
82-83 B/C
77-81 C
70-76 D
Below 70 F

Attendance policy: Students are expected to attend almost all of the formal meeting nights. Class grades could be impacted if the student misses more than two classes during the course of the semester.

Statement of the right to modify syllabus: “The instructor and the University reserve the right to modify, amend, or change the syllabus (course requirements, grading, policy, etc.) as the curriculum and/or program require(s).”

Statement regarding Accommodation for Disabilities: “Students with disabilities who may need accommodations or any student considering obtaining documents should make an appointment with the Walter Young Center (262-524-7621) no later than the first week of class.”

Statement of Academic Integrity: The Carroll University Academic Integrity Policy is located in the student handbook – [http://www.carrollu.edu/campuslife/shstudents.asp?nav=5769](http://www.carrollu.edu/campuslife/shstudents.asp?nav=5769). Please familiarize yourself with it. Carroll University emphasizes that students have an obligation to conduct their academic work with honesty and integrity. All acts of academic conduct are serious. If you have any questions about appropriate citations, please ask.