Course Number: Athletic Training 411
Course Title: Athletic Training Practicum II
Prerequisites: Acceptance to professional phase of athletic training program.
Credit Hours: 2 credit hours
Start Date: September 8, 2017
End Date: December 13, 2017

Meeting Time: Friday 12-1:10PM, PT 110
Rehab labs: M/W 8:30-9:59 or M/W 10:00 – 11:30AM or T/R 12:30 – 2:00 PM
Rehab location: VM Athletic Training facility and VM 120

Course Coordinator: Dr. Jamie Krzykowski, PhD, LAT, CISSN, TNC
Office: PT124
Office Hours: by appointment or office hours as posted
Email: jkrzykowski@carrollu.edu
Phone: 951-3035

Course Faculty: Leah Hudnut, M.Ed, LAT
Office: Van Male 148- Athletic Training Room
Office Hours: By appointment only
Email: lhudnut@carrollu.edu
Phone: (414) 238-3326

Shanna McKeever
Email: smckeever@carrollu.edu

Course Description:
Students will gain experience in the field of athletic training and be expected to apply and perform competencies previously taught in the curriculum. Students will gain experience working with fall/winter sports to include football, soccer, basketball, and cross country at the high school level; football game coverage, Carroll University rehabilitation.

Format
Students participate in field experiences and clinical experience for 14 weeks. Students spend time working at a field experience site affiliated with the Carroll University Athletic Training Education Program. Students are to be directly supervised by their preceptor. These instructors include working allied health care professionals including, but not limited to, certified athletic trainers, physicians, physical therapists and strength and conditioning coordinators. Students are not to be working independently of the allied health care professional or in lieu of the allied health care professional during the clinical practicum. Preceptors are asked to assess student Competencies or Proficiencies as indicated. In this setting students are only allowed to perform athletic training skills that have been previously mastered in prior coursework.

Course Objectives
Upon successful completion of the course, the student will:

1. Explain the principles of environmental illness prevention programs to include acclimation and conditioning, fluid and electrolyte replacement requirements, proper practice and competition attire, hydration status, and environmental assessment (e.g. sling psychrometer, wet bulb globe temperatures (WBGT), and heat index guidelines). (PHP-11)
2. Summarize the basic principles associated with the design, construction, fit, maintenance, and reconditioning of protective equipment, including the rules and regulations established by the associations that govern its use. Fit standard protective equipment following manufacturers’ guidelines. (PHP-20, PHP-22)

3. Administer and interpret fitness tests to assess a client's/patient's physical status and readiness for physical activity. (PHP-28)

4. Select, apply, evaluate and modify appropriate standard protective equipment, taping, wrapping, bracing, padding and other custom devices for the client/patient in order to prevent and/or minimize the risk of injury to the head, torso, spine and extremities for safe participation in sport or other physical activity. (CIP 2)

5. Differentiate between an initial injury evaluation and follow-up/reassessment as a means to evaluate the efficacy of the patient's treatment/rehabilitation program, and make modifications to the patient's program as needed. Demonstrate the ability to modify the diagnostic examination process according to the demands of the situation and patient responses. (CIP14, CIP15)

6. Assess and interpret findings from a physical examination that is based on the patient’s clinical presentation. This exam can include: assessment of posture, gait, and movement patterns, palpation, muscle function assessment, assessment of quantity and quality of osteokinematic joint motion, capsular and ligamentous stress testing, and joint play (arthrokinematics). (CE21, CE21a-e)

7. Perform a comprehensive clinical examination of a patient with a common illness/condition that includes appropriate clinical reasoning in the selection of assessment procedures and interpretation of history and physical examination findings in order to formulate a differential diagnosis and/or diagnosis. Based on the history, physical examination and patient goals, implement the appropriate treatment strategy to include medications (with physician involvement as necessary). Determine whether patient referral is needed, and identify potential restrictions in activities and participation. Formulate and communicate the appropriate return to activity protocol. (CIP-5)

8. Describe current setting-specific (e.g., high school, college) and activity-specific rules and guidelines for managing injuries and illnesses. (CE-23)

9. Describe the hospital trauma level system and its role in the transportation decision-making process. (AC-3)

10. Differentiate among the preparation, scopes of practice, and roles and responsibilities of healthcare providers and other professionals with whom athletic trainers interact. (PD8)

11. Demonstrate core professional behaviors that include, but are not limited to, commitment to learning, interpersonal skills, leadership and communication skills, effective use of time and resources, use of constructive feedback, problem solving, professionalism, responsibility, critical thinking and stress management.

**Field Experience Attendance**

Students are expected to complete a minimum of 112 hours of observation, clinical work and class discussion for satisfactory completion of this course (104 hours clinical experience/observation + 8 class hours). The following hours are delineated for each component of the course:

**Equipment Intensive and High-Risk Sports (82)**
- Must complete at least 60 high school hours and 22 hours with Carroll Athletics*
- Must include at least 4 high school football practices and 2 football games

**Carroll Rehab (18)**
Carroll University
*Students will be assigned to Carroll Athletics for 6 weeks and Carroll Rehab for 6 weeks during the semester. Assigned practicum hours must be completed during the assigned time frame given to the student. However, students may gain more experience by working with teams at any time throughout the semester.

Students must attend field experiences and act in accordance with the Athletic Training Student Handbook Policies and Procedures and the clinical site policies and procedures. Students are evaluated by the preceptor on competence of the above learning objectives, attendance, professionalism, promptness, and demeanor (see Core Professional Behaviors document on LMS). Failure to contact the clinical site may result in the preceptor being unable to accommodate your request. Students who cannot attend due to an illness, personal/family issues, must coordinate with the preceptor with regards to the policies and procedures for that particular site. **In the event that a student does not meet the assigned clinical rotation hour requirements, or minimum recommendations of the preceptor, the student will receive an unsatisfactory grade for the course.** Unsafe, unethical, or illegal behavior exhibited by the student is grounds for an unsatisfactory grade; these behaviors are outlined in the Student Clinical Education Booklet. If a grade of unsatisfactory is earned for the course, the student will not be allowed to advance in the program and have only one opportunity to re-take the course. For each offense, the Athletic Training Program Director will be notified by the course coordinator.

**Grading**

Grading will be based on successful completion of attendance policies. Students will be observed by the preceptor for performance and application of skills in the respective setting. Students will be given a grade of satisfactory or unsatisfactory based on the following criteria.

**Grading components:**

<table>
<thead>
<tr>
<th>Assignments</th>
<th>Evaluator</th>
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<tbody>
<tr>
<td>1. Attendance &amp; Participation</td>
<td>Preceptor and Course Faculty</td>
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<tr>
<td>2. Course Competencies</td>
<td>Preceptor and Course Faculty</td>
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<tr>
<td>3. Core Professional Behaviors Assignment</td>
<td>Course Faculty and Course Coordinator</td>
</tr>
<tr>
<td>4. Midterm/Final Evaluations</td>
<td>Self-assessment, Preceptor and Course Faculty</td>
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</table>

Grading for the course will be satisfactory or unsatisfactory. To get a satisfactory grade in the course the student must attain a satisfactory grade for all assignments. A student with a grade of unsatisfactory will have to repeat the course and will not progress in the academic program until satisfactory completion is attained.

Students will complete a mid semester and end of semester self-evaluation of their clinical experience. The evaluation consists of ten core professional behaviors and qualities as well as academic preparation and performance relative to entry level. Students will rate themselves on commitment to learning, interpersonal skills, leadership, effective use of time and resources, use of constructive feedback, problem solving, professionalism, responsibility, critical thinking, and stress management. Students are also evaluated by the course faculty and preceptor at mid and final semester. Students will schedule a time to meet with the course faculty to go over evaluations. **Students must receive a score of 18 or higher in at least eight of the ten professional behavior categories as well as a rating of ‘3’ for academic preparation and performance relative to entry level on their final evaluation in order to receive a satisfactory grade.**

**Assignments/Field Experiences**

Students will be given rotation assignments at the beginning of the semester. The purpose of this course is to integrate second year athletic training students to high school, collegiate and rehabilitation settings. The student will be asked to attend and reflect on their experiences in class discussion. These experiences will include, but not be limited to, gaining experience in high risk sports (football, basketball, soccer, hockey or wrestling) at the high school level, rehabilitation on campus as well as orthopedic and fitness testing. A satisfactory or unsatisfactory grade will be given based on appropriate completion of each experience.
Students must also complete core professional behaviors evaluations. Students will submit their clinical experience hours at a minimum each month as indicated on the course outline. Students will work with their preceptors and course faculty to complete all assigned competencies and demonstrate proficiency.

**Core professional behaviors Assignment:** Students will work in small groups to research an assigned CPB topic and develop a presentation based on that topic. The group will present to the class and lead a short discussion on the topic as it pertains to professional development and how it can and is being applied in the classes clinical experiences.

**Expectations**

Students will be expected to provide own transportation to off campus clinical sites. University transportation policy states the students will be covered under their own insurance policy pertaining to travel.

**Policy on Late Work/Missed Assignments**

Practicum hours are due as indicated on the ATH411 rotation schedule and practical skills from the designated list must be completed weekly. Failure to submit all practicum hours by **December 14th, 2017** will result in a grade of ‘unsatisfactory’ for the course and may hinder progression in the ATEP. Students will only be given an extension of a due date if proper communication with the course facilitator regarding the circumstances surrounding the delay in completing the appropriate practicum hours and skills has taken place. For extenuating circumstances or excused absences communicate with the course facilitator.

**Liability**

All students will be expected to purchase liability insurance for the class. This payment provides coverage for the entire year. Payments will go to Carroll University.

**Confidentiality/Release of Liability**

Students will be expected to sign a letter of statement regarding patient confidentiality and upholding moral and ethical standards regarding confidential information. A Release of Liability/Informed Consent is also expected to be signed to inform you of risks that are associated with this course.

**Statement on Academic Integrity –** The Carroll University Academic Integrity Policy is located in your student handbook. You are encouraged to familiarize yourself with it. If a student violates this policy in any way, the instructor reserves the right to impose a sanction of failure on the assignment/assessment or failure in the course. If you have questions about appropriate citations, please ask.

**Accommodation for Disabilities** – Any requests for accommodation must be made through Martha Bledsoe, Disability Services Coordinator at Carroll University, mbledsoe@carrollu.edu. Appropriate accommodations can be made once notification is received from Ms. Bledsoe,

**Modifications to the syllabus:** The instructor and the University reserve the right to modify, amend, or change the syllabus (schedule, course requirements, grading policy, etc.) as the curriculum and/or program require(s).

**ATH411 Tentative course outline:**

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<thead>
<tr>
<th>Day</th>
<th>Content Area</th>
<th>Skills</th>
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<tbody>
<tr>
<td>Sept 8</td>
<td>Syllabus Review and Course Introduction</td>
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<tr>
<td>Sept 22</td>
<td>Spring Capstone Updates</td>
<td>Dr. Krzykowski</td>
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<td>Oct 6</td>
<td>Commitment to Learning</td>
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<td>Interpersonal Skills</td>
<td>Student Presentations</td>
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<td>Oct 20</td>
<td>Communication Skills</td>
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<td></td>
<td>Effective Use of Time and Resources</td>
<td>Student Presentations</td>
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<td>Nov 3</td>
<td>Use of Constructive Feedback</td>
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<td></td>
<td>Problem Solving</td>
<td>Student Presentations</td>
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<tr>
<td>Date</td>
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<td>Notes</td>
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<td>Nov 17</td>
<td>Professionalism</td>
<td>Student Presentations</td>
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<td>Responsibility</td>
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<td>Dec 1</td>
<td>Critical Thinking</td>
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<td>Stress Management</td>
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<tr>
<td>Dec 14</td>
<td><strong>Athletic Teams Combine</strong></td>
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<td><strong>Submit all remaining hours by 6:00pm</strong></td>
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